

TREKKING RICE TERRACES

WHILE LIVING IN MULTICULTURAL HOANG SU PHI



TOUR CODE: VRT_004_3d

ROUTES: Hanoi – Hoang Su Phi – Hanoi

DURATION: 3 days 2 nights

TOUR DESCRIPTION:

Let's go to the West of Ha Giang to explore the beauty of rice terraces in Hoang Su Phi and the distinctive life of twelve different ethnic groups. The charms start from fantastic view over rice terraces which are recognized as a national heritage. Join the adventures and experience local lifestyles through farming activities, overnight in traditional houses, meeting friendly and hospital local people. You would never forget this amazing trip!.

TOUR HIGHLIGHTS:

- The majestic natural landscape and unique terraced fields in Vietnam.
- Trekking routes across rice terraces, villages, bamboo forests and tea forests
- Lively experience with indigenous people-from 12 different minority groups in Hoang Su Phi.
- Experience seasonal local activities: catching fish in the fields, picking tea leaves, harvesting rice,...

Day 1: Hanoi – Nam Hong (Ha Giang) (L/D)

Morning: You will be picked up from Hanoi and drive directly to Thong Nguyen commune, Hoang Su Phi district, Ha Giang province. Lunch is on the way.

Afternoon: Start your rice terrace trekking from Thong Nguyen centre to Red Dzaos people's Nam Hong village.

- Before settle down in a homestay, you can either visit a local museum to enrich your knowledge about lives and cultures of different ethnic groups. Or walk around your homestay to discover daily life of indigenous people.

- Join hands and experience selected local activities which are seasonal designed:

- + **Prepare the rice field for transplanting:** May - June
- + **Harvesting paddy rice:** September – mid October
- + **Carp fishing** in the terrace fields: August to mid of September
- + **Tea harvesting and processing:** March - April; June-July; October-November

Night: Stay at Red Dzaos people's homestay while enjoying the traditional lifestyle and local cuisines.

- Optional cultural performances including Fire dance and Pushing sticks (Day gay) are available at surcharge.

Day 2: Nam Hong – Khoa Trung – Nam Ai

- Trekking to Khoa Trung village. You will walk through magnificent bamboo forests, tea hills, Red Dzaos people's villages and rice terraces.



- Having lunch at Khoa Trung village then you will continue the adventure by trekking to Nam Ai village through Nam Khoa skygate.

- Stay at homestay in Nam Ai village

Note: Trekking: 16km



Day 3: Nam Ai – Nam Son - Hanoi

- Trekking from Nam Ai village to Nam Son town center.

- If it's Thursday, you have a chance to visit Nam Son period market held every Thursday.

- Take a rest then get into the car to come back to Hanoi from Nam Son. The drive crosses Nam Ty village which owns wonderful rice terraces. You are free to get off the car to take pictures of the beautiful scenery.



	2-3 pax	4-6 pax	7-10 pax
Public Price (US\$)	380	199	153

Included

- Accommodation and transportation as mentioned in the itinerary (air conditioned vehicle);
- Meals as mentioned in the itinerary (B= Breakfast, L= Lunch, D= Dinner);
- English speaking guide; local guide;
- Entrance fees for all visits and activities as mentioned in the itinerary;
- 2 water bottles/day/pax. For environmental protection the empty bottle needs to be returned for recycling.

Not Included

- Beverages and personal expenditures;
- Local cultural performance/show and activities not mentioned in the itinerary;
- Other transfers not mentioned in the program;
- Other meals not mentioned in the program;
- Other services not clearly mentioned in the program;
- Travel insurance;
- Banking fees;
- Tips for guides and driver.